

# EUREKA EXPRESS

VOL XXXIV No. 5 Circ 298

JULY 2013



Prince George Alexander Louis  
22 July 2013

Wellington's Big Shake  
21 July 2013





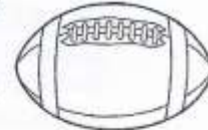
## GUEST EDITORIAL

It can't be printed what I really thought when asked to do the editorial for this Eureka Express, so I'm going to go with "Oh my gosh!"

I never thought in a million years we would be asked so soon, having only been in the neighbourhood for coming up 4 years in December!

Let me introduce the 'we' I am speaking of. I am Sonya Evans and I live on Hinton Rd with my husband Dean and 3 children, Sam 10 (nearly 11) and our twin girls Brooke and Libby, 8 years.

Some of you may know Dean as he is the Waikato Livestock Manager and Rep for PGG Wrightson. Dean was born in Morrinsville to Dairy farming parents and his primary and intermediate years were spent in Morrinsville with his high school years spent at Fraser High in Hamilton. He must have been a good boy in those days as he made deputy head boy! He was also pretty good at rugby, playing club rugby and eventually making it on to the King Country team (he was living in Otorohanga at the time) when they were in the 1<sup>st</sup> division. Yes I know, that was a while ago! He left school and went to work for Dalgetys, working his way from the bottom of the heap and surviving takeovers and name changes to get where he is now at PGG Wrightson. I think also, just quietly, he must be pretty good at his job!



I was born in Hamilton, but when I was 8 we moved to 10 acres in Newstead where I attended Newstead Primary school then Berkley and Hillcrest High. Those 10 acres were the best ever for a kid to grow up on – big old orchard with trees to climb and fruit to pick while sitting at the top, big haybarn to make hay bale huts and baling twine swings, lambs and calves for calf club days plus the odd piglet to rear. A pony to ride and the neighbours cows to milk when they went away on holiday. We used to take a bucket over at milkings and bring back steaming milk straight from the vat to put on our porridge – fighting over the cream on the top! Instead of bottles of milk in the fridge, we had a bucket!

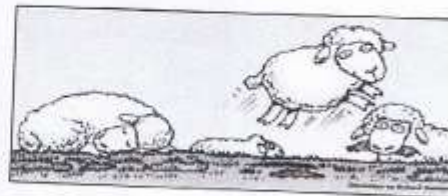
My parents Gary and Marilyn Ayers, lived on Eureka Rd for quite a number of years – first at the Holland Rd end, then they decided they wanted to downsize their land and built on Appleton Lane at the other end of the road! I had left home by that time. They now live in St James over Chartwell way and, as I write this, they are fulfilling a life long dream of travelling to England and touring Europe!

When Dean & I met he was working in Otorohanga as a Livestock Rep for Wrightson and I was Vet nursing at Newstead Vets so there was a bit of travelling to and fro for a while, neither of us wanting to give up our jobs! Eventually he managed to get a job closer, and after living in Cambridge and Hamilton, here we are! Our children go to Newstead Country school (just like me!), I'm involved with the PTA, we have our 3 cats and a mad (read stupid) dog, 3 steers, lambs will soon be arriving for calf club day, Dean has got me roped in to work at PGG Wrightson, and the kids afterschool activities keep us busy.

Life sometimes feels hectic but we are feeling settled here in Eureka. I think we may be here for a while!

Besides, we have still got our gardens to finish!

Bye for now, Sonya ☺



## SNIPPETS



**WELCOME TO EUREKA :** to Don and Karen Knight who are the new owners of the Manning property on Hooper Road. ( See advertisement within.) A warm welcome to you both. Phone 8241198

**BIRTH: NEW BABY CONGRATULATIONS TO:** Geoff Roan and Orla Fahey of Morrinsville Road who were overjoyed to welcome their darling baby son, Ryan, on July 10. Very best wishes to all.

**NEW GRANDCHILD CONGRATULATIONS TO:** Ian and Anna Drever, of Eureka Road, who welcomed their first grandchild, a darling granddaughter, Sophie Drever, on July 10. A dear wee daughter for Nick and Mel. Very best wishes to all.

**HEARTY CONGRATULATIONS TO:** Top student, Megan Whiteley, only daughter of Barry and Christine Whiteley of Eureka Road, who was capped in Auckland in December with a Bachelor of Medical Laboratory Science degree. Finally, on June 28 the AUT held the Awards Ceremony and Megan was presented with the following prizes:

NZIMLS prize for the most outstanding Bachelor of Medical Laboratory Science Graduate.

Abbott Diagnostics Prize for the most outstanding BMLS graduate in Clinical Chemistry

Beckman Coulter Prize for the most outstanding BMLS graduate in Haematology.

The prizes added up to \$2450. Congratulations, Megan on your wonderful achievements. Currently Megan is working as a Medical Laboratory Scientist (in Biochemistry) at the Waikato District Health Board. The job is fixed term for 5 months covering parental leave and ends on 29<sup>th</sup> November when she will be job hunting again. All the very best Megan.



Barry Whiteley, Christine Whiteley, Megan Whiteley, Billy Crayford (my friend and NZ's high jump champion x6), Margaret Gee and Ted Gee (Christine's parents).



## UPDATE ON COMMUNITY PLAN

Thanks to those who took time to respond to our internet based survey (all thirteen of you). Still, every little helps.

On the recreation facilities and Civil Defence fronts, Westmount School Trustees are apparently looking favourably at letting some of the locals use some of their space, and also possibly agreeing to host any Civil Defence outpost in times of local disaster. Will keep you posted on this.

On the Emergency Management front, apparently the appointment process for the Coordinator who will be sited at Ngaruawahia is moving more slowly than expected. We'll keep following this up so you know where to ring, if necessary. Given the front page article in the Waikato Times this week on earthquake potential for the Waikato, we should obviously be ready for those as well as floods and volcanoes! Please make sure your 'Get Ready, Get Thru' booklet is read and precautions and packs made.

On the potential walkway/cycleway issue, we are waiting for the District Council to put out their recreation proposals and get back to us on what might be possible.

And on the turning bays or slip lanes at the crossroads at Eureka/Hunter Roads we are having meetings with NZTA and WEL, and making useful contacts on how to make our proposals matter in the right Halls of Power.

The bus shelter being donated by Waikato Sheds will be sited on SH26, and we are seeking advice on the need for building permits, and endeavouring to co-ordinate this planning with the crossroads proposals.

If anyone has had ideas on forming street based Neighbourhood Support Groups, please talk to your neighbours about it and then contact either me (824 1944) or Sharon Laurent (824 1712) so we can get the right people to come and talk to locals at a time convenient to all.



Sue Edmonds  
Chair, Community Planning Committee

## RAINFALL

	June 2013	Year to 30 <sup>th</sup> June
Total (mm)	154	525
Average (1994-2013)	121	552
Difference	+33	-27

Rainfall recorded on 16 days.



## EUREKA EXPRESS

ADVERTISING RATES		CONTACTS – Gail or Gayle	
<b>Classified Advertisements</b>	<b>Free</b>	<b>Gail Mayall (Editor)</b>	<b>Gayle Orr (Treasurer)</b>
<b>Small Business Advertisements</b>	<b>\$10 / month</b>	<b>70 Eureka Road</b>	<b>1139 SH26</b>
• x 10 insertions	<b>\$80 / year</b>	<b>Ph 8241 758</b>	<b>R D 6, HAMILTON 3288</b>
<b>One Third Page Advertisement</b>	<b>\$15 / month</b>	<b>Fax 8241 028</b>	<b>Ph 8241 713</b>
• x 10 insertions	<b>\$120 / year</b>	<b>e-mail:</b>	<b>e-mail: <a href="mailto:sprr@xtra.co.nz">sprr@xtra.co.nz</a></b>
<b>One Half Page Advertisement</b>	<b>\$20 / month</b>	<b><a href="mailto:editor@eurekaexpress.co.nz">editor@eurekaexpress.co.nz</a></b>	
• x 10 insertions	<b>\$160 / year</b>		

**AGM**

**AGM**

**AGM**

The Annual General Meeting of the

**EUREKA HALL COMMITTEE**

Will be held on Tuesday 13 August 2013

At 7.45 pm at the Eureka Hall

All Welcome

Please come along and show your support



Secretary

**MARKET PLACE**

**FARM COTTAGE WANTED TO RENT.** Need to rent a farm cottage by 24<sup>th</sup> August by mature woman. Can supply photos of other homes she has owned and lived in as references. Has animals, loves gardening, doing lawns ok. Would like 2 bedrooms. Please contact Maryanne on 8241126.



**AND ON A LIGHTER NOTE**

*If you can start the day without caffeine,  
If you can always be cheerful ignoring aches and pains,  
If you can resist complaining and boring people with your troubles,  
If you can eat the same food every day and be grateful for it,  
If you can understand when your loved ones are too busy to give  
you any time,  
If you can take criticism and blame without resentment,  
If you can conquer tension without medical help,  
If you can relax without alcohol,  
If you can sleep without the aid of drugs,  
THEN YOU ARE PROBABLY  
THE FAMILY DOG!*





# Tauwhare School

RD7 Hamilton 3287 New Zealand  
admin@tauwhareschool.co.nz  
07 3541084



## Roll: 162

Our Milk in Schools programme is up and running with over 80% of the children having a daily drink of milk. Classes are having a 5 minute energy milk break each morning, and we are already noticing a difference in concentration levels. We thank Fonterra for their fabulous organisation.



## TAUWHARE TRADING POST

The Tauwhare School Enviro-Group has made a trading stall called The Trading Post where people can trade and exchange their spare vegetables and fruit. It is by the Enviro gardens in the top two shelves of the sun house.

All excess fruit and vegetables are welcome. These are the rules:

- Bring as well as take
  - Respect the area and keep it tidy
  - Wash all items
  - Come out of school hours
- From the Trading Post Group  
Alicia, Brixana, Saskia, Kate.

## PROJECT ENERGISE

Project Energise came in to help children throughout the school with their hockey skills. The children had such a great time and learned some great ball handling skills.



## SAILOR

We were very fortunate to have Chris and Sailor the Puffer Fish call in to talk to the children about Asthma and about how and when to use an inhaler. Have a look at their website for games and information regarding asthma for children.



<http://www.sailor.asthmawaikato.co.nz/>

## DYSLEXIA

I recently hosted an evening on Dyslexia at school where I presented much of my information I had learned over the past 5 years of studying the indicators and possible strategies and programmes to help children to realise their full potential.

Last week we had Principals from 8 schools in to watch these programmes at work. I cannot praise my Teacher Aides highly enough – their professionalism and their knowledge is inspiring. Thank you Julie Mitchell, Maureen Vink, Katrina Mead, Rachel Hogarty and Karina Hart.

## KICKBACKS FOR SCHOOLS \$\$\$\$\$\$

We have many companies which offer kickbacks to schools if a parent or community member nominates our school when making purchases. Such as.....

**Harcourts:** \$250 donated to school for every house purchase through them; just mention our school.

**Tiny Mighty:** \$50 for each family who change to Tiny Mighty plus \$10 each year they are customers; just mention our school.

**ASB:** \$250 for anyone taking out a new mortgage; just mention our school.



## Pukeko Preschool, Tauwhare

"Quality early childhood education for 2-5 year olds in a caring rural environment"

### Pukeko Preschool

Pukeko Preschool are delighted to announce two new staff appointments. Clare Kinney has been appointed to the position of Centre Manager / Head Teacher. We also welcome Louise Allen as a part-time qualified educator.

The Trust Board would like to extend their thanks to Clare for her hard work in getting the centre back to a full licence.

We have had approval from the Ministry of Education to extend our opening hours. Our sessions will now run from 8.45am to 2.45pm. There is the option of a shorter session of 8.45am to 1.00pm if you prefer. The new hours will take effect from Monday 29 July, the first day of Term 3.

We do have some spaces available now, so please contact the preschool if you would like to enrol your child, or to put their name on the waiting list.

Our focus has been on asking questions, and this has led us to investigate many different things. One interest has been in the farmers who are dealing with snow down south. Our children have shown compassion for both the farmers and the sheep.

We are looking forward to our annual visit to the Savages' Goat Farm to see the newborn kids.

Our phone number is 824 0860, email [pukekopreschool@xttra.co.nz](mailto:pukekopreschool@xttra.co.nz), or call in and see us.





## Hillcrest High School Rowing

Rowing has gained an amount of popularity in recent times with the world championships at Lake Karapiro and the Olympics giving New Zealand a chance to shine on the world stage. This has given the young and up and coming athletes a focus and a sense of pride in what they might achieve.

Hillcrest High Rowing Club is no exception.

Hillcrest High school Rowing Club has grown in strength over the last few years and a fantastic season 2013.



First honours came with a 3<sup>rd</sup> placing at the high school event at the Gallagher sponsored Great Race. This followed a steady build up through the club season representing, Hamilton Rowing Club, to whom we are affiliated, gaining some good results in preparation for the secondary school events.

Hillcrest achieved top results at the Mighty River Power Junior Regatta claiming five 1<sup>st</sup> placing and every rower achieving 'A' finals, resulting with being awarded the overall point's trophy.

North Island Secondary Schools Championship then followed with 5 medals, 3 Gold, 1 Silver, 1 Bronze and again every rower achieving 'A' finals.

The Season closed with New Zealand Secondary School Championships, (known as MAADI Cup) at Lake Karapiro. Hillcrest Rowing came out running at this event winning, 2 Gold, 2 Silver, and a Bronze, Claiming two national titles, a fantastic achievement with a squad of just 14 rowers and coxswains, made up of local families from Eureka, Newstead, Matangi, Tauwhare and Hillcrest areas. All this was made possible, not only with the commitment from the rowers and their desire to win, but the great input of time and dedication of parents, families and supporters.

Looking to the new season, Hillcrest High Rowing will be looking for young rowers and coxswains. If you are interested, or have young athletes wishing to take part in this fulfilling sport, please don't hesitate to contact us for further details.

Pete Yeoman – yeobrook@xtra.co.nz – Cell 0276747200 Home 078295996

Blair & Carol Wright - 078241000

## TAUWHARE INDOOR BOWLING CLUB

Although our June / July report is brief, the club has not gone into hibernation! All club championships are complete and we are enjoying some less stressful Club nights.

Congratulations to the Eastern Waikato's Junior Championship winner Amber McNally and runner up Bronwyn McNally.

### From the records

Over the years the Bowling Club has undertaken projects to raise money to buy and improve the equipment. In the early years they raised debenture finance from existing members. In the latter years Open Tournaments have raised money.

### Committee meeting 14 September 1977

*I Pizzini presented a proposal for fund raising in the form of gate keeping for the NZPBA (Power Board Assn) on 1<sup>st</sup> and 2<sup>nd</sup> January. This was a chance to make \$200 and be used for a "Bowling Improvement Project" possibly for trolleys under the stage for storing mats and bowls. Mr F Hansen offered to make trolleys and boxes for bowls if the Club supplied materials. This whole idea was put to the committee and they in turn decided to take it to Closing Night to put to members. In the event of gate keeping job being undertaken and permission of the Hall Committee, Club would do work themselves to cut down on costs. Moved F Hansen, Seconded R Ferris. Carried*

### Results:

#### 20<sup>th</sup> June 2013 – Open Singles

- Winner B Meads
- Runner Up J Arnold

#### 17<sup>th</sup> June 2013 - Club Night

- Winners B Meads, H Bargh, John Bargh
- Runners Up J Hooper, R Arnold, N. Stolwyk

#### 4<sup>th</sup> July 2013

##### Ladies Singles

- Winner B Meads
- Runner Up R Arnold

##### Mens Singles

- Winner J Cottle
- Runner Up Jim Bargh

#### 11<sup>th</sup> July 2013 – Club Night

- Winners B Meads, L Verner, Glenda Goodare
- Runners Up R Arnold, D Pizzini, N Stolwyk

### Upcoming Events

1 <sup>st</sup> August 2013	Club Night – Drawn Pairs
8 <sup>th</sup> August 2013	Club Night and Couples Night
15 <sup>th</sup> August 2013	Club Night – Novelty Night
22 <sup>nd</sup> August 2013	Club Night – Tamahere Club will visit us
29 <sup>th</sup> August 2013	Sattrup Trophy
5 <sup>th</sup> September 2013	Club Night

### Out and About

3 <sup>rd</sup> September 2013	Taupiri Open Tournament
	Winners – J Arnold, J Cottle, R Arnold, Glenda Goodare

The Ferris Trophy was donated by Bob Farris in 1979. Bob was elected a life Member in 1982. Each year the trophy is awarded to the longest surviving lady in the Open Singles Championship. This year it was a double deal for Bev Meads who won both trophies.

**Until next month – good bowling everyone. Robin Bargh Phone 824 1819**



## LADIES A PLATE

### Earl Grey Currant Loaf

- 1 cup strong hot Earl Grey tea
- 1 Cup dried currants
- 1 cup Brown Sugar
- 2 cups Self raising flour
- 1 egg

#### Method:

Place tea, currants and brown sugar and soak until tea is cold. Can be left overnight.

Preheat oven to 180c.

Spray loaf tin with non-stick baking spray and line with baking paper.

Mix in flour and egg into the currant mixture, pour into tin and bake for 35 minutes./

Cool on wire rack and serve sliced and buttered.



### Green Tea and Lemon Loaf

Earl Grey is good for this as well

1 1/2 cups of mixed dried fruit. Better with 50/50 mix of currants and sultanas.

- 1 cup of brown sugar
- 1 tblsp of butter or margarine
- 1 cup of hot strong green (or Earl Grey) tea
- 1 egg lightly beaten
- 1/3 cup of lemon juice
- 2 cups of Self raising flour sifted

#### Method:

Place fruit, sugar, butter and hot tea in a large bowl and stir until butter is melted.

Grease a 11cm x 25cm loaf tin and line base with baking paper

Stir beaten egg into fruit mixture, then stir in lemon juice and flour.

Spoon into loaf tin and bake in a 150c preheated oven for 75 – 90 minutes.

Or until cooked when tested with skewer. Cool in loaf tin.

Slice and serve with butter.





# A REMINDER -

## RECYCLE AND REFUSE COLLECTION GUIDELINES



- Put your refuse bags and recycle bin out by 7:30am
- There is no collection on a statutory holiday. Your collection will be one day late.
- Visit our website for details [www.waikatodistrict.govt.nz](http://www.waikatodistrict.govt.nz)

### Refuse Collection Guidelines

- We only collect two plastic bags from each house
  - These are the black bags available from supermarkets
- We don't collect from wheelie or rubbish bins
- We don't collect multi wall paper bags
- We don't collect bags weighing more than 20kg
- Complaints
  - Phone Waikato District Council on 07 824 8633 or 0800 492 452

### Recycle Collection Guidelines

**IMPORTANT:** The **only** bin that will be emptied is the green bin supplied by the Council. Bottles in cardboard boxes left beside the bin **will not be collected** for safety reasons.

- Please empty bottles from beer boxes in to the green bin.

#### **IN the recycle bin**

- Glass bottles, jars (no window glass, broken glass or light bulbs)
- Plastic, household containers, **types 1, 2 and 5 only**
  - Please **rinse** and **squash** containers – **put lids in refuse**
- Aluminum and steel cans, empty aerosol cans, foil plates
  - Please **rinse** and **squash** containers

#### **BESIDE the recycle bin**

- Put papers in to supermarket bags with the handles tied and placed beside your bin.
- Cardboard boxes must be flattened, tied in a bundle not exceeding 500mm wide, and be positioned beside your bin.

### **Frequently Asked Questions About Recycling**

#### **Need another bin?**

- Additional bins can be purchased from Council's Ngaruawahia office

#### **Can I put paper and cardboard in the green bin?**

- Paper and thin card should be placed in a supermarket bag with handles tied, and placed on top of your bin. Larger cardboard should be securely bundled and placed beside the green bin

#### **Why do I need to rinse containers?**

- Rinsing helps recycling by reducing contamination and food leftovers can attract flies or animals and spread disease. A cold water rinse is usually enough.

#### **Why should I squash containers?**

- Flattened cans and plastic bottles are less likely to blow around in the wind and cause litter. Unsquashed items also take up a lot of space in both your bin and the collection truck.

#### **Why remove lids?**

- Lids are usually made from different plastic or metal and so they may not be able to be recycled along with the container. Taking lids off also helps when processing the collected containers by ensuring the container is empty and makes processing safer.

#### **What if my recycling does not get collected?**

- Non-complying materials will be left in the container with a sticker explaining the reason for non-collection. If you believe that the collection has missed your property phone Council 0800 492 452.

# Self Help for COLDS and FLU

## GRANDMA'S RECIPES (used before antibiotics)

### Recipe for the Brave

Finely chop a large onion and 3x fresh garlic cloves. Place in bowl and cover liberally with honey, let sit for approximately 3 hours. Strain off syrup and sip at intervals during the day.

### Cider Infection Fighter

4 cups apple cider  
½ cup garlic juice  
1 tbsp horseradish root (chopped)

In a glass container add above ingredients, place in a warm place for 12 hours then a cool place for 12 hours. Shaking container regularly.

Strain off liquid, label jar and keep in refrigerator.

Dosage: Adults: 1 tsp 3 time daily  
Children: ½ tsp 3 times daily  
Dilute with water or juice.

*This next recipe was used by my mother-in-laws' to cure bad coughs – it was simple and effective (especially with children at night).*

### Butter Balls

Make a small ball of butter and dip in sugar – take as required. The oil in the butter just lubricates and settles the coughing.

**Don't forget the good old lemon and honey drinks – even sucking a spoon of honey soothes a sore throat**

**GOOD LUCK!**

## Vitamin C

Vitamin C is a powerful anti-oxidant necessary for a healthy immune system and is non-toxic. The richest food sources are citrus fruit, strawberries, cranberries, mangoes, green and red capsicum, tomatoes, dark green vegetables and rose-hip concentrate.

## Zinc

A trace mineral that is essential for a healthy immune function and helps fight against colds and flu. Good sources are high protein foods such as beef, pork, lamb, fish, oysters and peanuts.

## Garlic

Studies prove that garlic is an excellent immune booster and also has anti-inflammatory and anti-oxidant properties. Crushed/chopped and raw taken with a glass of water. An old fashioned remedy was to place a clove of garlic in your shoes.

## Herbs

Echinacea, Astragalus, Ginseng and olive leaf all have immune boosting properties and help fight infection.

## Bee Pollen and Propolis

Prevents colds and act as a mild antibiotic.

Good luck for a cold and flu free winter!

CHERYL MCFARLANE



## IN YOUR GARDEN

Leave the glasshouse alone this month and look for new inspiration instead. Someone else's ideas may change the way you go about planning your spring garden. For example Trees. Trees bare it all in winter, one of the best things about winter, is not that it is cold and wet, but rather you get to look at everything naked. You get to see all the trees just how they are and they are all so different. Trees that weep make an awesome focal point or feature, for example they can take your eye downwards, perhaps towards a pond or stream. Another could look stunning down the end of an avenue or as a specimen in a formal garden layout. There is always a place for that something special and a cascading tree could just fit the bill.



While on the subject of trees; what about espaliered fruit trees. I think the word scares people, but it's really about making a plant behave in a manner that suits walls or fences especially if you are short of space or only have walls or fences. Apples and Pears lend themselves to being espaliered as they fruit on special spurs, but Plums Citrus and Apricots are suitable too, I don't know about Walnuts but you could always try. No matter what form you want your tree to take, from a new plant, remove the top buds or a third of the main stem, and the side shoots. When the tree bursts into life in the spring it will grow a heap of new canes from which you can start to manipulate the end result. It will take 2 to 3 years of taking the end bud off or further down the stem, but usually to a bud that will take you in the direction that you want the tree to grow.



Finish pruning roses, take the simple approach and just do it, prune hard to an outside bud.

It's not too late to plant garlic and shallots, but germination all but stops this month and growth slows right down so there's very little to be done in the veggie garden, just finish raking up leaves for compost and finally it's a great time to be planting deciduous fruit trees.

I'm off on holiday, so I will leave you to it, until next month, Happy Gardening, Jennifer



## On the home front.....



As promised this month our subject is colour part two, written hitting the ground running as I get organised for a ski trip and try to pretend I don't have food poisoning the day before, so here we go.....

### How to use colour:

When decorating a room, we often have an idea of how a room needs to look, following is quick ideas on how to use colour to help create the desired look.

To shorten a long narrow room, try placing a darker coloured paint, or patterned wallpaper at the far end of the room or hall, this will help bring the room into proportion.

To lower a ceiling when a room feels too spacious and airy, use darker colour paint on the ceiling. This will give the illusion of it being lower and cosy.

To enclose a room and make it feel smaller you would use a dark paint or patterned wallpaper on your walls. The room will become smaller and more intimate.

For the illusion of space light is best with little patterning this keeps a room open and simple visually.

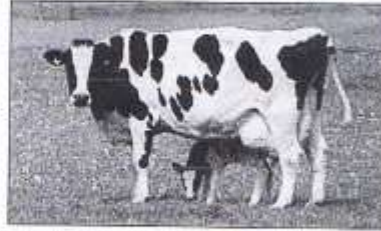
A dado line (different colours half way or partially up your wall) often used in bathrooms and halls, this will help with height to the area with a point of difference.

Happy decorating.

Leanne Hilder

**Maintenance Underestimated?**

As calving got underway last month I came across situations where BCS loss was occurring before the cow had even calved. It all comes down to what is maintenance requirements in the month prior to calving.



Everyone observes body condition score (BCS) loss in their herd after calving. EVERYBODY! This is normal and usually in the range of 0.75 to 1.5 BCS with a goal of not losing more than 1 BCS. But have you taken a closer look immediately pre calving?

A 500kg cow needs to be offered about 8kg DM for its own maintenance. But in the month before calving, when the growing calf demand is high, this needs to be increased by about 2 Kg DM/cow/day.

So when I observed 500kg liveweight herds being intentionally offered 8.5 kg DM/cow/day for maintenance, it can only mean one thing. The herd was losing body condition (but maybe not liveweight) as the growing foetus (the calf) still gets its requirements. The cow's condition becomes the buffer.

Add to this the problem of cows not getting adequately fed during periods of wet weather, where pasture utilisation is poor, and you have a second reason why cows may lose body condition before calving.

Is this a hidden reason why our herds lose more BCS loss between calving and mating than we would like? A lot of it occurs immediately after calving but maybe more than we realise is actually occurring before calving. Have a think about it for your herd.

**People Matter**

Good heat detection is all down to people. It's about people having the skills to heat detect, the knowledge of why it's important and understanding your farms methods. Dairy farmers looking to prepare their team for successful mating would benefit from a DairyNZ Heat Detection workshop being run in September. Bring the team along. The topics in these workshops include the skill of heat detection, a whole farm approach and analysis of your system.



The focus of a whole team approach session provides ideas on how to evaluate your team's current skill, gaining team buy-in and training others. To find out more and to register with an event in your area, visit [dairynz.co.nz/events](http://dairynz.co.nz/events).

**Discussion Group**

Our annual mid calving catch up is again being held at the Eureka Pub at 11:30 – 1:00 on Tuesday August 13<sup>th</sup>. Bring some cash for lunch. This is mainly a social event but it's always good to get the team off farm for a short break and any issues can be shared.

**Phil Irvine**  
Consulting Officer DairyNZ  
0274839820

## Newstead Veterinary Services

Ph. 856 4522 [enquiries@newsteadvets.co.nz](mailto:enquiries@newsteadvets.co.nz)



### Preventative Dental Health in your Pet

*Due to the success of the last dental month we had, we have put together a special package for our clients.*

We brush our teeth twice daily and still get tartar build up. Imagine how much tartar can build up in your pet's teeth after a few years of not brushing them!

As with people, regular dental check-ups are essential to lifelong dental health. The same is true for our pets. 1 year in an animal's life is equivalent to 6 human years. At your yearly health check we will evaluate your pet's teeth and discuss with you about your pet's dental requirements.



We are offering a special preventative dental health package for your younger pets aged between 4 and 7 years. This will aim to maintain optimum dental health and reduce the need for anaesthesia and expensive tooth extraction in the older dog.

#### Preventative Dental Health Package includes

- Consultation with the vet, full health check and discussion about your pet's dental needs.
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**Numbers are limited for this special offer, expires 31<sup>st</sup> August 2013.**

Excluded: Pre-anaesthetic bloods and any tooth extractions required. This will be discussed in your consultation.



### Colostrum - the "Elixir of Life."

Colostrum, which is coloured yellow and thicker than normal milk, is the first milk produced by a mother (cow or ewe).

The Colostrum contains:

1. Antibodies which vaccinate the new born against infectious diseases. This protection usually lasts about 12 weeks.
2. Nutrients – high levels of fat, protein (seven to eight times higher than the concentration in normal mother's milk), vitamins
3. Laxative for the excretion of the meconium – the first faecal discharge of a newborn animal.

The newborn has to drink the colostrum in the first 12 hours of life to get the protection this protection.

New-born animals which don't receive colostrum have less than a 50:50 chance of survival.

Gradually over the four days following the birth the colostrum becomes the milk we know. The Day 3 colostrum is different from day 1, as by day 3 the new born is digesting the colostrum instead of absorbing it. The "Day 3" colostrum now contains ingredients which help protect the new gut from invading bacteria and viruses as well as helping the normal gut flora to develop.

"Day 1" colostrum can be frozen and later defrosted (not in the microwave!) carefully to body heat. If you make it too hot you will kill the antibodies.

### Feeding Orphan Lambs

Under natural conditions a lamb will suckle the ewe up to 40 times every 24 hours. Therefore small, frequent feedings are more beneficial than a few large feeds. An indication of 'fullness' occurs when the lamb's flanks are level with its sides. Lambs should never look bloated. If a lamb refuses a feed it must never be forced as this can indicate health problems.

Use the feeding program in the table below as a guide. For lambs that are small and weak, it is better to feed a smaller quantity more often (say every four hours). Feeding more than the recommended amounts can cause scouring or bloating both of which can be fatal.

Table of quantity and frequency of feeding

Age (days)	Body weight (kg)	Volume of milk per feed (mL)	Total volume of milk per day (mL)
0 - 4	2.5	75 - 100	300
	3.5	110 - 150	450 - 600
	5	150 - 200	
4 - 6		160 - 250	500 - 750
6 - 14		250 - 330	750 - 1000
15 plus		500 - 660	1,500 - 2,000



### Feeding Cow's Colostrum to the Lamb

Feed 100 ml every six hours during the first 18 hours of life. If the lamb is small and weak, it is better to feed a smaller quantity more often (say every four hours).

If cow colostrum is not available, a substitute can be made from a mixture of

- 680mL of cow's milk
- one beaten egg
- one teaspoon of cod liver oil
- one tablespoon of glucose.

Feed the mixture at the same quantity and as often as the cow colostrum. Since it contains no antibodies, the lamb must build up its own supply of antibodies if it is to survive.

The easiest method to feed the colostrum (or substitute), to a lamb is by using a small bottle and rubber nipple. The lamb should place its tongue under the nipple and suck the fluid out. If the fluid trickles out, due to the lamb not sucking or the hole in the nipple being too large, then fluid can get to the lungs and cause pneumonia.

#### Using Milk or Milk Replacers

Ewe's milk contains more fat, protein and minerals than cow's milk. Nevertheless, lambs can be raised successfully on cow's milk, full cream powdered milk or a milk replacer, but will gain weight more slowly than a lamb raised naturally.

#### Using Cow's Milk

Add 25 grams of full cream powdered milk to 400mL of cow's milk to give a fluid closer to the richness of ewe's milk.

#### Full Cream Powdered Milk

Feed at a concentration of 250 grams of powder added to one litre of water.

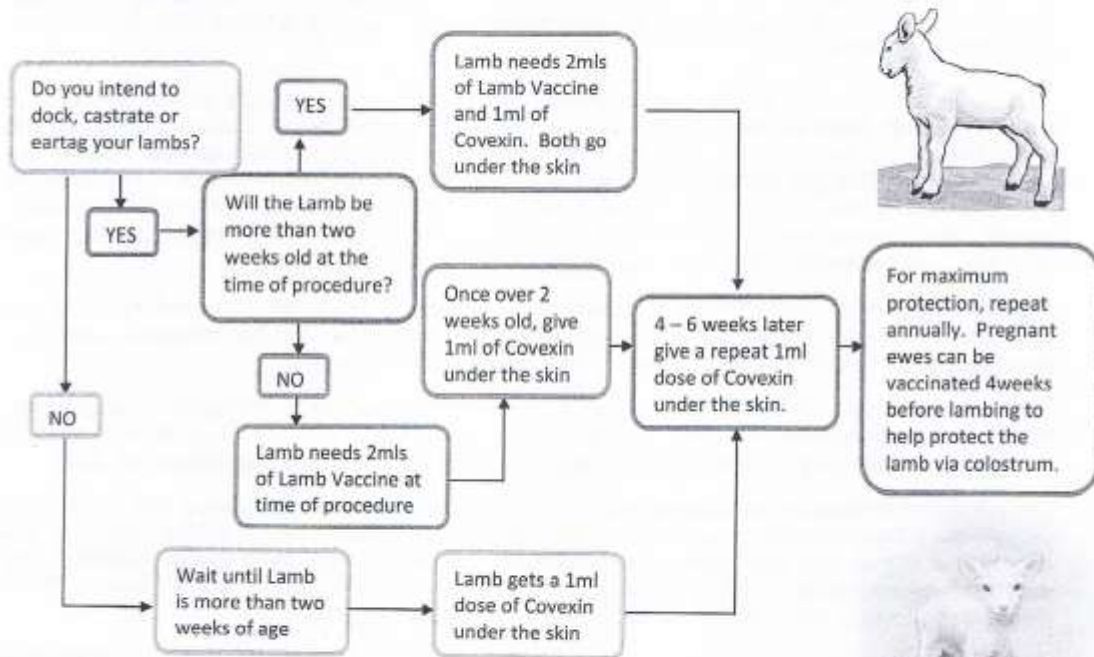
#### Milk Replacer

Lambs can be reared successfully on milk replacers. These are available at RD1, Farmlands and Wrightsons.

If you are rearing young animals for the first time and you are not sure if the animal is sick or you just need some advice, call us on 078890414.

#### Vaccinating Lambs

The lamb will need a Lamb Vaccine at docking time. This vaccine provides an immediate short term (2-3 weeks) passive protection against *Clostridium tetani* (tetanus) and a sensitising dose for *Clostridium perfringens* type D (pulpy kidney). Once the lamb is over 2 weeks old it can be vaccinated with a Covexin 10 which protects it long term from a range of diseases. This must be repeated four to six weeks after the first shot to achieve complete vaccination. This can be repeated annually to protect the animals from the clostridial diseases.



Further information (especially for calf club days) can be found at the following web sites  
[www.calfclub.co.nz](http://www.calfclub.co.nz), [www.ambreed.co.nz](http://www.ambreed.co.nz), [www.lifestyleblock.co.nz](http://www.lifestyleblock.co.nz), [www.agrisea.co.nz](http://www.agrisea.co.nz)  
 47 Lorne St Morrinsville, 07 889 0414



## NEWS FROM YOUR WAIKATO DISTRICT COUNCILLOR

We are making good progress on the review of the **Eureka Community Plan** and the next meeting will be held soon. I hope you were able to complete the survey the committee put together for community feedback. If you have any further ideas or comments please contact the Chairman of the Committee Sue Edmonds, ph. 824 1944; email [sue.edmonds@clear.net.nz](mailto:sue.edmonds@clear.net.nz)

The four Community Committees in Eureka Ward - Tauwhare, Eureka, Matangi and Newstead are each consulting their communities through different processes. E.g. Matangi held a very successful open day this month with around 60 residents joining us to discuss plans for their area.

**I have decided to stand again as Councillor for the Eureka Ward** in the upcoming Local Government Elections. I enjoy working with the residents of the ward and feel I can continue to contribute a lot to the community.

I recently drove **Tim Harty, our new General Manager Service Delivery**, around the Eureka Ward familiarising him with the area, the roading infrastructure and identifying future projects. We also had a meeting with the President of the Matangi Rugby Club to discuss the club's long term plans. Tim's responsibilities include roading, infrastructure, halls and community facilities.

The new **Sale and Supply of Alcohol Act 2012** comes in to force this year. The Act gives Councils the option of adopting a local alcohol policy to provide community input in to some aspects of the licensing process, including the number, location and hours of licensed premises. Waikato District will set up its own licensing committee within Council, either having Councillors forming the committee or a mixture of Commissioners and Councillors, to hear the applications. The community will be able to put in objections and be heard by the committee. If you have any comments or queries Alan Parkes, Environmental Health Manager is the person to contact at WDC. His email address is [Alan.Parkes@waikato.govt.nz](mailto:Alan.Parkes@waikato.govt.nz) or phone Waikato District Council at 824 8633 or 0800 492 452.

You will have read in the media that Hamilton City Council is undertaking a poll on the issue of **fluoridation in their water supply**. Approximately 5,000 electors in Waikato District, 2,500 properties, are affected. We have been offered an opportunity to include the view of our residents in the city poll and our Councillors are currently discussing this option. The majority of us, including me, support the proposal that the City poll includes the areas in Waikato District that receive water from the Hamilton City supply to give you an opportunity to have your say. I'd be interested to hear your views on the fluoridation issue.

**NZTA's Highways and Network Operations team** in Hamilton has undergone some changes in recent weeks with the departure of the current Project Manager who has successfully led the Waikato Expressway team for the past four years.

There are individual project managers for each of the five sections - Rangiriri & Longswamp, Huntly and Ngaruawahia, Te Rapa, Hamilton and Cambridge. Half the route is now open or under construction as progress is made towards completing the entire Expressway by 2019.

The results of an updated **drainage study** are being sent to owners of around 950 **Tamahere** properties. This information, as part of the Tamahere Structure Plan, provides details on the effects of a one-in-100 year extreme rainfall event. It can be used by property owners during development and allow them to make informed decisions about future development. It will also assist Council's planning for future infrastructure investments.

**More next month -**

**Rob McGuire - Councillor Eureka Ward**  
Ph. 824 3696 / fax 824 3645 / Mob 0274 970 966 / email [robmcguire@xtra.co.nz](mailto:robmcguire@xtra.co.nz)  
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